

Recreational games and their importance in the Islamic community

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Abstract

The problem of research is that many do not know, and may move away from the practice of recreational games in the belief that the practice of the harmony and teachings of Islam, and many are unaware of the position of the Islamic religion of the exercise recreational games of all kinds. The aim of the research is to identify the recreational games and their importance in serving the Islamic community as a religious purpose and the readiness of the members of society to spread the principles of Islam and Jihad in its path. The researcher used the historical method which adopts Qur'an verses, Hadiths, sources of knowledge, and the heritage books which are based on the spirit of Islam and supported by evidence, evidence, arguments and bases of practice in a manner consistent with the spirit of Islamic religion and the service and development of society. The researcher concluded, Islam recognizes the practice of recreation provided that it is not disobedience to Allaah and that he is not prevented from performing any of the provisions of Allaah.

Keywords

Recreational games and Islamic community.

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Introduction:

The recreational games are one of the most important humanitarian activities. A society of societies is not without any form of recreational games that the Islamic society has known through its ages and civilizations. Therefore, we find that the Islamic society has paid great attention to recreational activities and has permitted practicing them. Many of the Prophet's Hadiths explicitly stated that many (SAWS) "The spirit of the hearts hour after hour, the hearts if you are blind." And this is the evidence that the Prophet (SAWS) practiced recreation and urged people to practice it and his promise is useful to not distract the man if he said (SAWS) "Ah and play, I hate to see in your religion wrong, the Prophet (SAWS) encouraged to play and watch playing himself. Enjoyable recreation for the individual and acceptable from the community contributes to the building of the personality of the individual and development of the development of a holistic and comprehensive for its importance to the development of the large society and achievement. His high goals and recreation remains a free activity chosen by the individual according to his tendencies and motives to satisfy his tendencies and desires and relax his body and mind and remove fatigue and boredom (Ahmad et al., 2020). Therefore, the greatness of Islam is like a happy recreation and people want to practice it. Islam is a real methodical religion that cares about building people from all its religious and secular aspects. It is a religion of instinct and man (Al-Hali, Al-Saffah and Athab, 2019). The importance of the research is to address the most important recreational games and their importance in serving and developing the society and show the recreation that the Islamic society has practiced and contributed to its service and development. The problem of research is that many do not know and may move away from the practice of recreational games in the belief that its practice is not consistent with the teachings of the Islamic religion and many do not know the position of the Islamic religion from the exercise recreational games of all kinds.

Research aims:

1. Learn about the most important recreational games that the Prophet Muhammad (SAWS) cared about and encouraged to practice
2. The interest of the Islamic religion in the recreational games, being entertaining games and vitality in the service and development of society.
3. Identify the recreational games and their importance in serving the Islamic community as a religious purpose and the readiness of the members of society to spread the principles of Islam and Jihad in the process.

Research Methodology:

The researcher used the historical method which adopts Qur'an verses, Hadiths, Hadiths, sources of knowledge, and the heritage books which are based on the spirit of Islam and supported by evidence, evidence, arguments and bases of practice in a manner consistent with the spirit of Islamic religion and the service and development of society.

The concept of recreational games:

The recreational games are necessary and important activities of the Islamic community and the expansion of its practice among the Muslims of both sexes is to strengthen the body and prepare for the strengthening of the spirit because of the benefits of educational and correct, psychological and social and comforting because of the comfort and pleasure and entertainment. Therefore, Islamic societies have been interested in recreational games since their inception because of its importance and its place in the lives of individuals and society because recreation is an activity practiced by man because of his motives of satisfaction, joy and pleasure. Islam did not ask people to be "all their words and all their silence their vacuum in the mosque (Ali, Athab and Hamzah, 2020). Recreational games are important in the life of man. The life of the Prophet Muhammad (SAWS) was a pioneering example and a year to follow. He loved pleasure and fun, hated the sadness, encouraged play, and ridiculed jokes, and recalled that he was very kind and honest and introduced the play into the hearts of Muslims.

Imam Ali bin Abi Talib (peace be upon him) said: "The hearts are weary as long as they are forever. The Prophet Mohammed (SAWS) hit the best of playing recreational games and encouraging the practice of the promise of a useful game for the individual to refrain from him if he said (SAWS) "Ah and play, I hate to see in your religion gluttony (Alsayigh, Athab and Firas, 2017).

Entertainment Games in Islam:

The Prophet Muhammad (SAWS) has played many recreational games in his life, especially the games that he enjoys in it, and recreational games include walking, swimming, horse racing, wrestling, camel competition, swords, throwing and hunting. God has revealed the sublime and transcendent of the game and what he said (and what life is the world and play). Whatever the purpose of the game and the enjoyment of the game, it is permissible for the enjoyment of the heart as the comfort of the heart treated him at some times to cause the causes of at all times the most important in the world gain and trade or religion such as prayer and reading (Aman, Fauzee and Mohamed, 2007).

Horse racing:

Prophet Muhammad urged (SAWS) encouraged riding horses from Jabir bin Zaid that the Messenger of Allah (SAWS) said (throw and ride horses). The Messenger of Allah (SAWS) riding the horse nude has been narrated (SAWS) that it is the best people and the best people and encourage people riding horse nude (without saddle) and horse riding is a practical training to master equestrian skills highly proficient, because there was a horse race and bet on it The Prophet (SAWS) has focused on the development of people's motivations towards equestrianism and incitement to learn it's kind of being a religious, secular and moral incentive to encourage people to practice training vigorously. Narrated by Anas ibn Malik (May Allah be pleased with him), The Messenger of Allah (SAWS) took the horses and linked them and impressed them and urged them to know the Muslims and their money in that of the reward and the reward and the virtue of the two arrows on their owners made the horse two shares and to share the shares Muslims and rushed to that and knew their money from the reward of God and the investment in the blue All this horse was loved to the souls because it is a tool of jihad for the sake of Allah to spread the Islamic faith and defend it as well as its other benefits.

Wrestling:

Wrestling is one of the oldest sports practiced by man in the Islamic society because nature was full of challenges and dangers and the law of conflict is to stay stronger in return Wrestling games of recreational sports is important and useful, which allowed Islam and confirmed by the fact that it is a physical fitness sport gives the individual strength and courage and courage the art of self-defense proved that the Messenger of God (SAWS) had her own work and was a wrestler for the unbeliever and urged the Messenger of God (SAWS) to practice wrestling sport widely in the Islamic community. The Messenger of Allah (SAWS) enjoyed watching wrestling games and encouraged the practice of Roy Abu Huraira (May Allah be pleased with him) said that Hassan and Hussein insist in the hands of the Prophet Muhammad (SAWS) was the Prophet of God (SAWS) say they are good, said Fatima O Messenger of Allah did not say they Hassan said: Jibril peace be upon him, they say Yassin and Jaafar bin Mohammed Abia that Hassan and Hussein was insistent Imam Ali bin Abi Talib (Peace be upon him) to the Messenger of Allah (SAWS) and he says and it is good, Imam Ali said: God (SAWS) that Jibril (peace be upon him) says and it is Hussein (Athab, 2019). The messenger of Allah (SAWS) was a brilliant ironman. He fought a man named Rkana bin Abdul Yazid and was one of the fiercest Quraish days of the Messenger of God (SAWS) in some reefs Mecca said to him the Messenger of Allah (peace be upon him) Yarkhan not to fear God and accept what I called you mechanism: Rkana said that if I know that you say He said to him, the Prophet (SAWS) I was surprised that your epilepsy I know I say the truth: said Yes said Qom until I fought you said the mechanism of his knife struggled with him when the Messenger of God (SAWS) Ijdh does not have the same thing then said O Muhammad, O Muhammad, this is to my dismay "(Athab and Alsayigh, 2021).

Throw arrows

He urged the Prophet Muhammad (SAWS) to throw the bow and arrow and stressed to learn more strongly when Islam came to order training on throwing bow and people wanted him and occupied his home dignified and high in the Islamic community, including the incitement to equestrian education and mastery of its arts and prepare the strength of jihad The Prophet of Allah (PBUH) urged the parents to train their children in the art of throwing. He said: "teach your children to shoot." He warned (SAWS) people to stand up and leave the practice of throwing. Roy bin Maajah narrated from 'Aqba ibn Amer that he heard the Messenger of Allah (SAWS) the throwing and then leaving it was disobedient (Athab, Hussein and Ali, 2019). Because throwing arrows is a form of recreational sport in the Islamic society since its inception and from the games beloved to their souls and their heroes boast of his own and compete for the victory of the great because they found a recreation of the same and many benefits to help them in fighting and provide security for them and is also throwing bow a vital corner of the equestrian (Fox and Paradies, 2020).

Walking:

Walking from mathematics, which was loved by the Holy Prophet Muhammad (SAWS) and urged people to walk in Al-Khala because of its physical and recreational benefits. It was narrated from Sahababah (may Allah be pleased with them) that they were racing on foot in the open air and the Prophet Mohammed (SAWS) The recreational and stressed the importance of this sport Takida Balgha and Roy Harabi bin Muslim bin Bako said as we walk and the man of the Ansar does not precede Shadda made the only race to the city: Is a contestant I said, either generous and not honest, said not only to be the Messenger of God (SAWS) I said, O Messenger of Allah (SAWS) Yabee you and my mother. This is evidence that the Prophet Muhammad (SAWS) has stressed the importance of walking walking Takeda Balga was the Messenger of Allah (SAWS) pilgrimage with his companions from Abi Said Hajj Hajj Allah and his companions from the city to Mecca and said (SAWS) "Link your circles with your treasure and walk to mix the flight (Ibrahim, 2017).

Stabbing the spear:

It is considered one of the four equestrian types of hit and run horses and throwing bow and slaughtered spears and rounds of swords completed equestrian and Muslims spend a long time on the use of spears either chasing monsters and stab or preparing a ring of iron called (cord) . And two spears: one of them taken from the cannabis is a cane in the inside and the second and what is taken from wood and others and said to the iron at the top of the spear and the teeth at the bottom of the thrust and butt and training to challenge the spears came in implementation of its importance, which God Almighty wrote in writing, "O you who believed May God bless you with a kind of fishing that your hands and spears will receive." (Surat Al-Maida, verse 94).

Fencing with swords:

The fencing language of emergence and emergence Islam has urged people to practice sword fencing and training as one of the most honorable weapons in the Arabs and the most scourge in the fighting and is used after the darts and spears is the one who resolves the position of fighting and was a sword swordsman who loved sports cruelty to the hearts of Arabs and was charged heavily (Northcote and Casimiro, 2009). The Messenger of Allah (SAWS) was the best people and the best people and the most courageous people and said (SAWS) the virtue of the sword "Paradise under the shadows of the swords, and said the Holy Prophet Muhammad (peace be upon him) Whoever imitates a sword in the way of Allah, Allah has imitated him on the Day of His Resurrection (Saadatifard et al., 2019).

Swimming sport:

Swimming is a form of recreation if Islam is urged to learn its skill and people must be trained for its many benefits if it says (SAWS) (good for the Muslim to swim). The Prophet (peace be upon him) ordered the parents to teach their children to swim. He said: "teach your children to swim." The Prophet Muhammad recommended teaching swimming and mastering her skill and promising

her the right of children to parents(Walseth, 2016).

The hunt:

The recreation in fishing is one of the most important types of recreational recreation in the Islamic community and the one who loves them to their souls is a desire and need and had great opportunities to show their heroism and heroism and supernatural superiority whatever type of weapon they used and the fishing had an interesting sport and training and trained to master its origins without their advice and stories It is a kind of sport, livelihood and pleasure for the same as the kings and the great people, as practiced by the unemployed and the rich, and the hunting of land and sea, which drives the boredom of the adversary as if it were in a battlefield .When Islam came to allow fishing, according to the command of Allah and the Sunnah of His Noble Messenger Muhammad (SAWS) and the consensus of scholars and Muslim jurists, he set rules for him to regulate his affairs(Aman, Fauzee and Mohamed, 2007).

Table (1).

Shows recreational games in Islam and modern times

S	In the time of Islam	The modern era
1.	The hunt	Shooting
2.	Swimming	Swimming
3.	Wrestling	Wrestling
4.	horse riding	horse riding
5.	Fencing	Fencing
6.	Stabbing the spear	Throw arrows
7.	Throw arrows	Walking sport
8.	Walking sport	Games arena and field

Table(2).

Levels of participation in the recreational aspect of the Muslim student in sport compared to other concerns

Reason of participation	Male	Female
No interest	7	6
Spectator	39	24
Recreation	49	23
Competition	27	10

The results indicated in table (2) indicate that the percentage of recreational sports practice is higher than the rest

Conclusions

1. Islam recognizes the practice of recreation provided that it is not disobedience to Allaah and that he is not prevented from performing any of the provisions of Allaah.
2. Islam is interested in entertainment and make him an important home in the Islamic community and the desire of the people and the virtue and good and how to benefit from it.
3. Proved that the Holy Prophet Muhammad (SAWS) engaged in playing and encouraged people to him and attended himself to be dignified to see and consolidate their traditions and raised them and from it as a tool of conflict between the tribes to some kind of championship and honest competition between the members of the Islamic community.
4. The Holy Prophet Muhammad (SAWS) established the tradition of recreation in the Islamic society, and became a follower of it and a method for the work of its members after it and its general Islamic society.

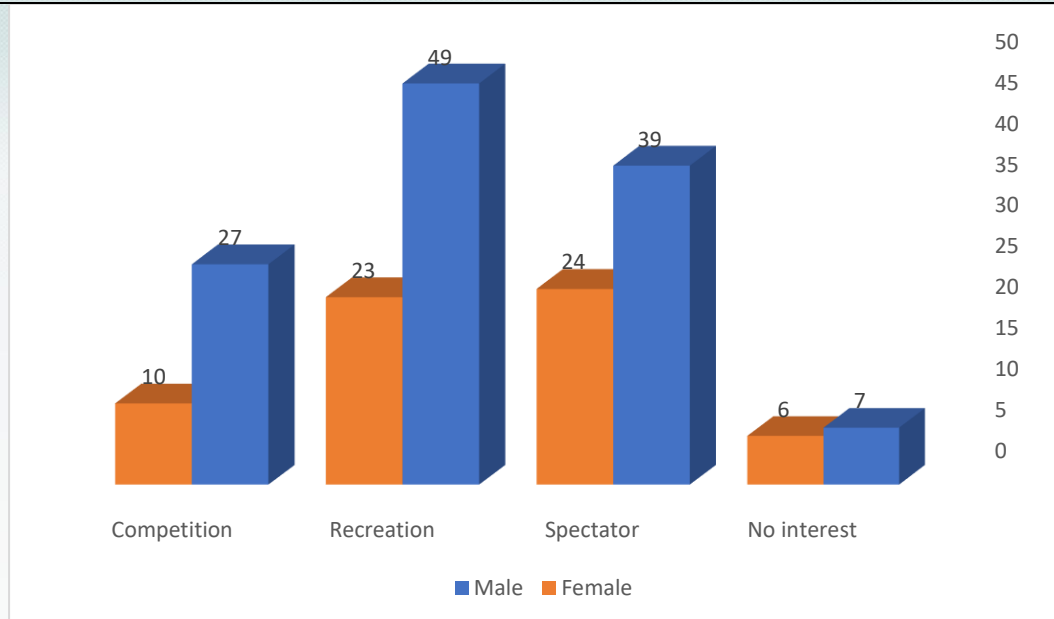


Figure (1). The percentage of recreational sports practice is greater than the rest

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The Holy Quran

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